



IN HER OWN WORDS: RESIDENT TESTIMONIALS

“ Faith is the foundation.”

Steps of Courage was such an incredible help to me in a time of my life when I was at my lowest point and had no one to turn to. This is a program our community was in dire need of for women who are starting a new life after domestic abuse rocks the world that they once knew.

Faith is the primary foundation of this program, and that is something that is so key to building a new life. The women and staff at Steps of Courage are so understanding and compassionate, from the moment I did my intake they were eager to know me and my story and help me on my path toward healing and a new future.

The housing is so nice, and situated in such a quiet warm and friendly atmosphere that is so important to the healing process. I felt like I was at home from the moment I arrived.

There are programs, activities, and meetings that help you stay engaged and focus on the new life you are building. In these groups, and on the activities, I was introduced to people that forever shaped the path I was walking; who had been there too and were able to share their story with me and make me see that I wasn't alone, that I was among friends and others that understood me on such a deep personal level.

I came to Steps of Courage with 2 kids (9 and 5) and they have also felt so welcome and loved here. I can't say enough for Steps of Courage and how they saved and helped me completely turn my life around and help me see that I have a life that is worth so much and that I can start a new happy and healthy life for myself and my kids.

It's never too late.

TO VOLUNTEER, CALL **828.595.2625**

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